

Author and Life Skills Coach



Financial Literacy – Frugality for Modern Executives

Dear Friends

- Do you feel your life is going out of control?
- Do you want to have better control over your expenditure?
- Are there constant fears of downsizing and reorganization in your industry?
- Are you above 40 years of age? Do you still think retirement is far away?
- Are you prepared for long periods of recession, unemployment and eventual retirement?
- Can you handle sudden down-slides in your lifestyle and material comforts?

There is good news. You don't have to do this journey on your own. Just hire me as your coach and quickly start your frugality journey.

Thejendra

Email – thejendra@yahoo.com or thejendrabs@gmail.com

Website – www.thejendra.com

Course Content - A 6 hour workshop will cover

The magic pill to reduce or eliminate all the above worries is to become a minimalist. This workshop will teach you how to,

- Control unnecessary costs and simplify your life.
- Resist urges to spend unnecessarily, escape from the pressures of consumerism and obsession for useless material things.
- Lower your stress, obligations, debt and improve health.
- Survive lengthy periods of unemployment and tackle retirement fears.
- Control jealousy, envy, hate and inferiority complex regardless of the millionaires and billionaires around you.

Audience – Anyone who wants to become a Minimalist.

City - Currently Bangalore.

Location - For Companies (Training Room). For Individuals (Mutually Convenient Location)

Requirements - A Projector or big monitor if possible.

Pricing

Sounds exciting? I invite you to contact me to discuss your needs. I offer very affordable prices and personalized coaching for you to start and implement your frugality journey within months.

About

Thejendra is a technical manager from Bangalore and has more than 25 years' experience in the IT industry. He is also an author and coach, and has published more than 20 books on a wide range of subjects. His inspiration for writing books comes from Toni Morrison, who said, *'If there is a book that you want to read, but it hasn't been written yet, then you must write it.'*

Other Coaching

I can also offer coaching in other areas like,

How to Self-Publish a Book

This unique workshop can fulfill your dream of becoming an author of one or more books. You will learn how to write and edit your manuscript, format it for paperback and eBook standards, and self-publish the book on sites like Amazon, Kindle, Apple iStore, Kobo, etc., to make it available worldwide.

Principles of IT Asset Management

This teaches IT departments to manage the entire life-cycle of expensive IT assets (physical and virtual) that are owned or leased by organizations.

Self-Improvement

General tips and methods for Stress Management, Office Politics, Written Communications, High Pressure Workplaces, Resiliency, Leading other Leaders, etc. Make yourself psychologically superior than the rest of the crowd.



Books by Thejendra

Here are some books that I have self-published and made available worldwide in multiple formats like Paperback, Kindle, iPad, Kobo, etc.

